



COMMUNITY RESOURCE GUIDE

TRANSPORTATION

EDUCATION

HOUSING

HANDY NUMBERS

UTILITY, CLOTHING & FOOD

MEDICAL/DENTAL

STATEWIDE RESOURCES

VETERANS

SENIOR SERVICES



2023



AFFORDABLE HOUSING

HOUSING

Columbia Housing and Redevelopment Corporation 931-388-5203

Section 8 Housing 931-270-9183

Buffalo Valley 1-800-447-2766

Center of Hope (Shelters for Women) 931-381-8580

Precious Chosen Ministry (Leave a Message) 931-223-8411

Giles County Emergency Shelter 931-363-8655

Room in the Inn - Murfreesboro 615-896-7016

Room in the Inn – Columbia 931-388-3703

Nashville Rescue Mission 615-255-2475 Or 615-312-1574

Salvation Army Rutherford 615-895-7071

Mt Pleasant Housing Authority 931-379-5811

Lewisburg Housing Authority 931-359-4517

Hampton Ridge Apartments 931-380-5262

Hunters Hill Apartments 931-379-5725

Columbia Meadows 931-381-2097

Colonial Village 931-381-9715

Cedar Point Apartments 931-840-5613

Duck River Reality 931-381-3384

Habitat for Humanity 931-380-1401

Place of Hope (Homeless Shelter/Drug and alcohol addiction) 931-388-9406

Homeless Veterans 1-877-222-8387

MEDICAL/DENTAL/VISION

MethadoneCenters.com 800-530-0431 <https://www.methadonecenters.com/directory/tennessee/>

Maury Regional Hospital 931-381-1111

Maury County Health Department (Medical and Dental) 931-388-5757

Hospice of Highland Rim 931-381-4090

Prime Care Clinic 931-540-4140

Maury Regional Mobile Clinic 931-381-1111 ext. 4031

Matthew Walker Dental Clinic 615-327-9400 ext. 244

Behavioral Health Group 931-381-0020

Neighborhood Health and Dental 615-226-1695

Meharry Dentistry 615-327-6669

The Family Center through Good Samaritan 931-388-3840 (Vision)

St. Peters Episcopal 931-388-3331 (Vision)

Lions Club 931-374-2367 (Vision)

Nurses of Newborns 615—313-9989 (Free services w/newborns –teen mom, drug/alcohol during pregnancy or babies with special needs)

STATE WIDE AND EMERGENCY RECOURCES

Pregnancy Center of Middle TN 931-381-4024

Domestic Violence Hotline 1-800-799-SAFE

Chile Abuse Hotline 1-877-237-0004

Poison Control 1-800-222-1222

Child Support Office 1-800-874-0530

Tenn Care Hotline 1-800-669-1851

Abuse of Adult of Elderly 1-888-277-8366

Abuse of Disabled 1-888-633-1313

Suicide Hotline 1-800-273-8255

Missing/Abducted Children 1-800-872-5437

VETERANS ASSISTANCE

Maury County Veteran Services 931-375-1510

South Central Human Resource Agency 931-381-7472 & 931-431-7182

Veterans Administration 800-827-1000

South Central Human Resources 931-431-7182

UTILITY, FOOD, CLOTHING DISCOUNTS OR ASSISTANCE

The Well Outreach (Tues 10-1:30, Wed, Thurs, Sat 10:00-12:00) & (Tuesday & Thurs 6:30-8:00) Spring Hill

Friendship Baptist Church (Culleoka ONLY) 931-987-2575

Grace Church of the Nazarene 931-388-4788

Graymere Church of Christ 931-388-4796 (By appointment) 1320 Trotwood Avenue, Columbia

Harvest Share Food Pantry 931-381-4285 (Mon-Fri 10:00-2:00) 419 W 9th Street, Columbia

Pleasant Heights Baptist 931-388-6453 (Thur 10:00-1:00 & 6:00-9:00 by appointment) 2712 Trotwood Ave Columbia

People's Table 931-388-3306

The Family Center 931-388-3840 (Tues-Fri 9:00-4:00) 921 S. Beckett, Columbia

Faithworks 931-379-3520 (1st & 3rd Wednesday 9:30-12:30) 201 S Main Street, Mt. Pleasant

GraceWorks (Franklin) 615-794-9055

Common Threads 931-398-5658

Department of Human Services (Food Stamps) 931-380-2552

Goodwill of Columbia 931-840-0484

Maury County Health Department 931-388-5757

Highland Church of Christ 931-388-4452

West 7th Church of Christ 931-388-6514

South Central Human Resource Agency 931-433-7182

Catholic Charities 931-223-5444 (Mon-Fri 9:00-4:00) 1501 Hatcher Lane Ste A, Columbia

TRANSPORTATION

South Central TN Area Transit 931-388-9595

MyRide Maury County 931-307-5307

SCAT 931-768-7867

Mums 931-626-6867

Tenn. Care 1-800-209-9142

RTA 615-862-8833

Trolley /Connection 931-379-2907

EDUCATION

Maury County Board of Education 931-380-4687

Randolph Howell Elementary School 931-540-1032

Brown Elementary 931-388-3601

Whithorne Middle School 931-388-2558

Columbia Central High School 931-381-2222

EA Cox Middle School 931-840-3902

Good Will Career Solutions 615-742-4151

South Central Human Resource Agency 931-431-7182

American Job Center 931-490-3800

Kings Daughters School 931-388-3818

Head Start (ages 3-5) 931-381-8762

Boys and Girls Club of Maury County 931-490-9401

Dolly Parton's Imagination Library 931-490-0521

DHS-Vocational Rehabilitation 931-380-2563

Columbia State Community College 931-490-3800

SENIOR SERVICES

My Ride Maury County (Transportation) 931-307-5307

Senior Solutions (Care + Transport) 888-606-9778

South Central Tennessee Development District 931-379-2918

Tennessee Social Security Office (1885 Shady Brook Street, Columbia) 877-876-3174

Grace Works Ministries (104 Southeast Pkwy #100 Franklin) 615-797-9055

Adult Protective Services 888-277-8366

Elder Abuse (Maury) 931-380-3449

Homes for seniors: Senior Living <https://www.seniorhomes.com/>

NURSING AND SKILLED CARE:

Life Center of Columbia 931-388-5035

Magnolia Healthcare and Rehabilitation 931-388-6443

Mt. Pleasant Health and Rehab 931-379-5502

NHC Healthcare of Columbia 931-381-3112

NHC Maury Regional Transitional Care Center 931-398-6300

The Reserve at Spring Hill 931-279-7931

Good RX (Prescription) www.goodrx.com

Mobility City (Medical equipment) 615-570-1800

Crossroads to Home Coalition Warming Facilities

Facility

Business Hours

Place of Hope

24/7

The Family Center (Shower facilities too)

Tues-Fri 9am-4:30pm

Precious, Chosen, Blessed Ministry (overnight when funds available)

Office of Emergency Management

931-375-6800 for assistance

New Canaan Ranch – Pulaski

931-363-8705 for assistance

HANDY NUMBERS

Legal Aid Society 931-381-5533 or 1-800-238-1443

City of Columbia Fire Department 931-560-1700

Maury County Sherriff Department 931-380-5733

Columbia Police Department 931-388-2727

American Red Cross 615-790-5785

Adult Protective Services 931-380-2552

Maury County Senior Citizen's Center 931-388-9595

Crime Stoppers 931-381-4900

Suicide Prevention 1-800-273-8255

Pregnancy Center of Columbia 931-381-4024

Child Support 931-380-0530

Public Works 931-388-8650

Section 8 Housing 931-270-9183

Centerstone 931-490-6510 or 381-0945

Child Support Office 931-380-2538

Maury County Senior Citizen 931-380-3950

Maury County Driver's License Office (1701 Hampshire Pike, Columbia) 931-380-2548

Matthew Walker Clinic (Drug and Alcohol Recovery) 615-327-9400

County Clerk's Office (10 Public Square, Columbia) 931-381-3690

Visit: att.com/access to see whether your household qualifies and submit an application (INTERNET HOME SERVICE)

<https://www.safelinkwireless.com> (Free Wireless Service, talk, text and data for qualified participants)

Pay Grace Forward: It is easy to get a payday loan and title loan, but it can be DIFFICULT to get control of the payments and debt that seem to only grow BIGGER over time. Pay Grace Forward understands and was created to help for this very reason. They are a local nonprofit who helps people for FREE take control of their financial situation. Call them at 931-548-6797 visit them at www.paygraceforward.org

This and That

- https://www.affordablehealthinsurance.com/medicare-plans/tennessee/#who_qualifies_for_medicare_in_tennessee
- https://www.affordablehealthinsurance.com/medicare-plans/tennessee/#medicare_plans_in_tennessee
- https://www.affordablehealthinsurance.com/medicare-plans/tennessee/#how_much_does_medicare_cost_in_tennessee
- https://www.affordablehealthinsurance.com/medicare-plans/tennessee/#medicare_resources_in_tennessee
- <https://www.intelligent.com/college-planning-guide-for-students-with-learning-disabilities/>

REGISTER



**TENNESSEE ALLIANCE
FOR ECONOMIC MOBILITY**
"Rise today. Thrive tomorrow!"

TODAY

WHO IS TAEM?

The Tennessee Alliance for Economic Mobility (TAEM) is a public-private partnership comprised of 32 organizations that is working collaboratively across 7 counties to support families in moving beyond the benefits cliff.

ELIGIBLE FAMILIES:

- ▶ Live in Davidson, Dickson, Maury, Montgomery, Rutherford, Sumner, or Wilson Counties
- ▶ Have a household income of \$0-\$55,000
- ▶ Have 1-4 children aged 17 or under
- ▶ Be enrolled in 1 or more public benefits: TANF, SNAP, Medicaid (TennCare), Housing Choice Vouchers/Public Housing/PBRA, or Free/Reduced Lunch
- ▶ Want to work and be willing to work toward gaining employment or increasing their pay/employment
- ▶ Must be U.S. Citizens

**DO YOU
HAVE A
DREAM FOR
YOUR
FAMILY?**

**DO YOU
JUST
NEED
SUPPORT
TO GET
THERE?**

Maury County Residents
Apply Here!

SCAN ME

