

WHEREAS, food is the substance by which life is sustained; and

WHEREAS, the type, quality, and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

WHEREAS, there is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices.

NOW, THEREFORE, I, Michael Putrino, Mayor of the Borough of New Milford, do hereby proclaim the month of March

NATIONAL NUTRITION MONTH

In New Milford and I encourage all citizens to join the campaign and become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow.

IN WITNESS WHEREOF I, Mayor Michael Putrino, have hereto set my and caused the Great Seal of the Borough of New Milford on this 9th day of March, 2020.
